

**Isaac Newton's Two Laws of Hugs.**

Recently rediscovered from ancient manuscript.  
(Hugger = hug giver, Huggee = hug taker)

**Law 1. For the Hugger.**

To prevent a crushing experience

“The force exerted,  
By the Hugger,  
Must be exactly  
Equal and opposite –  
To the force of the hug,  
By the Huggee.”

**Law 2. For the Huggee.**

Rights of the Huggee

“Once the cover,  
Of the need for a hug  
Is blown –  
The Huggee exerts  
Just as much force  
As is needed,  
To keep them safely -  
In their comfort zone.”

**Post Script from the writer.**

I know this old Bhugger,  
Lives somewhere  
Back in the hills,  
He says  
*“Never hold yourself back  
From a hug -*

*They're very good  
For heart related ills,  
Reducing sadness,  
Loneliness -  
And preventing  
Emotional spills!”*

Tim Barritt. 13.7.09.

*Earth Angel 181*